

Study of prevalence of lymphoceles after kidney transplantation



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Abstract

Introduction: One of the complications of renal transplantation after surgery, which is frequently observed, is the symptomatic accumulation of fluid around the kidney, such as hematoma, lymphocele or lymphuria.

Objectives: The incidence of lymphocele after kidney transplantation is widely different, therefore we decided to conduct a study to investigate the prevalence of lymphocytes in transplant recipients.

Patients and Methods: The present study was a cross-sectional descriptive-analytical study. The target population in this study was adult and middle-aged men and women with end-stage renal disease (ESRD) who have undergone kidney transplant surgery at the kidney center of Imam Reza hospital in the last 5 years.

Results: In all transplant recipients, symptomatic lymphoceles were observed in only 5 patients (3 female and 2 male patients with the mean age of 40.2 ± 17.2 years) who occurred on average 48.4 ± 21.12 days after surgery between 24 days and 78 days. The results showed that 62% (156 cases) of patients were men and 211 patients (84.4%) were male transplant recipients. Also, 198 (79.2%) transplant donors were living donor and 52 (20.8%) were deceased donor/brain death.

Conclusion: In the present study, we found the prevalence of lymphocele in transplant recipients in the kidney transplant center of Imam Reza in five years is 5 patients (2%) out of 250 patients with an average annual incidence of 1-2%.

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Introduction

For patients with end-stage renal disease (ESRD), the current treatment is a kidney transplant. The most common complications of this method are lymphocele, hematoma and urinoma (1,2). The clinical problem of lymphocele after kidney transplantation remains unresolved. By definition, lymphocele are the accumulation of lymph fluid around the transplanted kidney, which usually occurs 2 to 6 months after transplantation (3,4). Some lymphocele may be asymptomatic for a long time (5,6). Lymphocele appear to be the result of lymph leakage and poor wound healing (6). Although the exact source of lymphatic fluid is not known, both the recipient and donor lymphatic systems are involved (7). In various studies, the incidence of lymphocele has been reported between 5 to 40% (8). This large variation may be due to a lack of routine postoperative follow-up and prospective data collection. In most cases, lymphoceles are asymptomatic and are diagnosed on routine ultrasound examinations (9-11). Symptoms occur when lymphoceles put pressure on nearby structures. The nature of these symptoms depends on the location

Key point

The prevalence of lymphocele in transplant recipients is rare with an average annual incidence of 1-2%.

of lymphoceles, which are divided into three categories: urological, vascular, and visceral. Pressure on the urinary system can increase creatinine levels, dysuria, urinary retention and obstruction of urine flow. In addition, it may cause transplant rejection by impairing kidney function (12,13). Symptoms associated with lymphocele include renal dysfunction, unilateral leg edema, hypertension, pain, fever, urinary tract obstruction, ipsilateral venous thrombosis, and palpable mass (14-17). Diagnosis of lymphocele after kidney transplantation is initially based on clinical examination and ultrasound imaging (18,19). Ultrasound is the choice method for detecting fluid accumulation in the pelvic area (20,21). If ultrasound is not sufficient for diagnosis, lymphocytes can usually be detected by CT scan or MRI without the use of contrast (21). The most common treatments are aspiration, external drainage, sclerotherapy, and open or

laparoscopic surgery (22,23). Symptomatic lymphoceles need drainage to reduce symptoms. Drainage can be performed as percutaneous with or without sclerosing agent or through open surgery (7-9).

Objectives

The aim of this study was to analyze the prevalence of lymphocele in the kidney center of Imam Reza hospital in order to understand the time of symptom emergence and effectiveness of treatment and prevent unwanted complications.

Patients and Methods

Study design

This was a cross-sectional descriptive-analytical study of patients with ESRD who underwent kidney transplant surgery at the kidney center of Imam Reza hospital in the last 5 years. Inclusion criteria were having a transplanted kidney (from a living donor or cadaver) that has undergone surgery in Imam Reza hospital in Tabriz during the last 5 years and consent to cooperate in the study. Exclusion criteria were postoperative haematomas, intraoperative urinomas, postoperative abscesses, and dissatisfaction with the study and incomplete patient record. Since the onset of lymphocele usually occurs in the first six months after surgery, patients would be followed up for at least six months. In this study, all data such as age, gender, time of lymphocele onset, selective lymphocele treatment, lymphocele recurrence, and symptoms were obtained from the records of patients who underwent kidney transplant surgery in the last 5 years (2015-2020).

Statistical analysis

Data analysis was performed using SPSS version 26. After Kolmogorov-Smirnov test and ensuring the normal distribution of variables, the relationship between individual characteristics (age, education, occupation) was recorded in a questionnaire using chi-square, independent t-test and ANOVA test. *P* value less than 0.05 was considered significant. Data were also reported as descriptive statistics (frequency and percentage) and mean \pm SD.

Results

In this study, in general, during five years (May 2015 to August 2020), about 250 patients with ESRD diagnosis underwent kidney transplant surgery at Imam Reza hospital in Tabriz. The files of these patients were reviewed retrospectively. In these patients, retroperitoneal transplanted kidney and perfusion with iliac vein and iliac artery to the bladder were used for transplantation. Additionally, 62% (156 cases) of patients were men; 211 patients (84.4%) were male transplant recipients and 39 patients (15.6%) were female; 198 patients (79.2%) of the transplant donors were living donors and 52 patients (20.8%) were brain death/deceased donor. The mean

age of transplant recipients was 40.61 ± 14.23 years with a minimum age of 8 years and a maximum of 69 years therefore, only 5 patients (2%) had a family relationship with the donor; 2 patients received kidney from their child, one patient from their brother, one patient from their mother and one patient from their spouse. Only 15 patients (6%) died within five years of which 10 patients were male and five were female. The mean age of transplant donors was 31.40 ± 9.21 years with a minimum age of 9 years and a maximum of 64 years. Most transplant recipients had blood group A+ (35.2%), then 24.4% had O+ blood group (24.4%; Table 1).

Regarding the turn of transplantation, 241 patients (96.4%) were transplanted for the first time, 8 (3.2%) patients were transplanted for the second time and only one patient (0.4%) was transplanted for the third time. About 69 patients (27.6%) received anti-thymocyte globulin (ATG) and ganciclovir before surgery, 22 patients (8.8%) received ATG and valganciclovir and 24 patients (9.6%) received ATG only (Table 2).

Symptomatic lymphocele occurred in patients receiving their first transplant. All patients were treated with percutaneous drainage procedure. Increased creatinine was found in three cases (60%), lower extremity edema in 3 cases (60%) and abdominal and pelvic pain in 4 cases (80%) of patients. Asymptomatic lymphocele could not be evaluated due to lack of specific symptoms and lack of referral of patients. In total, transplant recipients were observed in only five patients with symptomatic lymphocele. There were three female patients and two male patients. The mean age of these patients was 40.2 ± 17.2 years with a minimum of 20 years and a maximum of 61 years, which occurred on average 48.4 ± 21.12 days after

Table 1. Blood group of transplant recipients

Variable	Frequency	Percent	
Blood group	A+	88	35.2
	B+	42	16.8
	O+	61	24.4
	AB+	24	9.6
	A-	8	3.2
	B-	10	4.0
	O-	13	5.2
	AB-	4	1.6
	Total	250	100

Table 2. Frequency of turn of transplantation and drugs received before transplant recipients

Variable	No.	Percent	
Turn	First	241	96.4
	Second	8	3.2
	Third	1	0.4
Drug	Anti-thymocyte globulin + valganciclovir	22	8.8
	Anti-thymocyte globulin + ganciclovir	69	27.6
	Anti-thymocyte globulin	24	9.6

surgery between 24 days and 78 days. Two live donors were used for two patients and a brain death donor was used for two patients. Three of these patients had A + blood group, one was O + and one was A- (Table 3).

Discussion

In a study by Joosten et al (24), the prognosis of lymphocele after kidney transplant surgery was evaluated. In this study, between January 2010 and December 2017, 1003 patients received a kidney transplant and 45 patients developed symptomatic lymphocele. The overall incidence of symptomatic lymphocele in this study group was 4.5% (95% CI 3.6-5.8%). The annual incidence varies between 1% and 11%. Symptomatic lymphoceles were diagnosed after an average of 50 days after surgery (range 114-24 days). In our study, in a total of 5 years (May 2015 to August 2020), about 250 patients with ESRD underwent kidney transplant surgery. In total, transplant recipients were observed in only 5 patients (2%) with symptomatic lymphocele confirmed by ultrasound, which was 2% less common than this study. On average, 48.4 ± 21.12 days occurred between 24 days and 78 days after surgery, which is close to this study. Patients in the symptomatic lymphocele group were older than the control group ($P = 0.017$), more patients had peritoneal dialysis catheter at the time of catheter transplantation (22% versus 18%, $P=0.007$) and most patients were present in the symptomatic lymphocele group with a diagnosis of autosomal dominant polycystic kidney disease (31% versus 16%, $P = 0.001$). In our study, the mean age of subjects was 55.59 ± 9.57 years with the highest age of 84 years and the lowest age of 42 years. The mean age of women was 53.95 ± 7.77 years with the highest age of 69 years and the lowest age was 42 years and the mean age of males was 60.71 ± 13.26 years with the highest age of 84 years and the minimum age of 44 years. The mean age of our patients (60 years) is close to the symptomatic lymphocele group (56 years) in this study.

In a study by Zargar-Shoshtari et al (25), 2,147 kidney transplants were performed from living donors. In this study, symptomatic lymphoceles were observed in 17 kidney recipients (0.08%; 95% confidence interval, 0.04% to 1.2%). These episodes occurred between 10 and 90 days after transplantation (average; 6 weeks). Patients included 8 men and 9 women aged 24 to 53 years at the time of transplantation. One patient received his second allograft kidney. The clinical manifestations of lymphocele were variable after transplantation accompanied by increased serum creatinine level in 8 patients (47.1%), abdominal pain and edema in five patients (29.4%) and lower extremity inflammation in four patients (23.5%). The diagnosis of lymphocele was confirmed by sonography and scintigraphy of the kidney. CT scan was performed in two complicated cases. In our study, in a total of 5 years, about 250 patients with ESRD underwent kidney transplant surgery. In total, lymphoceles were observed in only five patients (2%), of which three were female and

Table 3. Frequency of lymphocele in transplanted kidney type and frequency of blood group in patients with symptomatic lymphocele

Variable		Frequency	Percent
Current status of the patient	Living	3	60.0
	Deceased	2	40.0
Blood group	A+	3	60.0
	B+	1	20.0
	O+	1	20.0

two were male, which was confirmed by ultrasound and three patients (60%) had creatinine increase, three patients (60%) had lower extremity edema and four patients (80%) had abdominal and pelvic pain. On average, 48.4 ± 21.12 days occurred between 24 days and 78 days after surgery.

In the study of Zargar-Shoshtari et al (25), percutaneous drainage was used to treat lymphocele in 11 patients, and povidone-iodine injection was performed for six of them. Lymph accumulation occurred in seven of 11 patients (63.6%) who underwent skin drainage surgery. Three of these patients received povidone-iodine injections. These cases were successfully treated with open surgery. In the remaining six patients, the main method of intraperitoneal evacuation was surgery due to accumulation in several areas or inadequate access to percutaneous drainage. With an average follow-up of 14 months, no transplant loss or other complications were observed in these patients. In our report, all of these patients underwent skin drainage surgery. Povidone-iodine was not injected into any of the patients and no recurrence was observed (25). In our study, six patients (2.4%) received transplant rejection. The mean age of these patients was 30.17 ± 4.62 years with a minimum age of 23 and a maximum age of 36 years. Additionally, four patients were male (66.7%) and two patients were female (33.3%). Living donor was used for three patients (50%) and brain death /deceased donor was used for 3 patients (50%). None of the recipients had a family relationship with the donor. ATG+ valganciclovir was injected for three patients (50%) and ATG+ ganciclovir was injected for one patient (16.7%) and no drug was injected for two patients (33.3%). All six patients were alive and it was their first transplant. Asymptomatic lymphocele could not be evaluated due to lack of specific symptoms and lack of referral of patients.

Additionally, due to the low number of symptomatic lymphocele, no significant relationship was found between the incidence of symptomatic lymphocele and age, gender, multiple transplants and blood group (both recipient and donor); however, by comparing the lymphocele prevalence statistics in this study and previous studies in this field, the lower prevalence of lymphocele in Iranian studies compared to foreign studies can be inferred, which could be due to the higher number of live kidney donors (living donor) in Iran compared to other regions, also more accurate closure of lymphatic vessels, both when removing the transplanted kidney from the donor, and during the transplantation of the kidney for the recipient and using

techniques other than cauterization for this purpose.

Conclusion

In the present study, it was found that the prevalence of symptomatic lymphocele in transplant recipients in the academic transplant center of Imam Reza hospital in Tabriz for 5 years was 5 patients (2%) out of 250 patients with an average annual incidence of 1-2%.

Limitations of the study

Generally, the sample size was small. However, further studies with larger sample size are needed to investigate the reason for lymphocele.

Authors' contribution

AZ, FSM and MMR conducted the research. MMR and FSM collected the data. FSM and AZ analyzed the data. MMR prepared the primary draft. All authors edited the final draft and signed the manuscript.

Conflicts of interest

None.

Ethical issues

The research followed the tenets of the Declaration of Helsinki. The research was approved by the ethical committee of Tabriz University of Medical Sciences (#IR.TBZMED.REC.1398.1048). This study was extracted from the medical thesis of Farnood Salmani Milani (Thesis #62607). Accordingly, written informed consent was taken from all participants before any intervention. Moreover, ethical issues (including plagiarism, data fabrication, double publication) have been completely observed by the authors.

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