



Effect of semen washing methods on diminishing the transmission of viral infections in artificial reproductive technology

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Abstract

Seminal infections were considered to be an etiologic factor of male infertility. Semen washing is used as an appropriate technique in artificial reproductive technology (ART) for serodiscordant couples when the partner of male is contaminated. The aim of this study was to investigate the role of semen washing methods in reducing the transmission of viral infections in ART. In this narrative review we investigated accessible information from Google Scholar, PubMed, Scopus, Web of Science, IranMedex, Irandoc, Magiran, SID, MEDLIB and Scientific Information Database until 2019. The MeSH terms of semen washing, HIV, assisted reproduction, serodiscordant, and virus transmission were used. According to the search strategy, 89 articles were discovered. After checking the titles, abstracts and manuscripts, a collection of 45 papers were chosen pursuant to the suitability indexes. The studies were performed around different categories of semen washing (swim up, density gradient) in serodiscordant couples. Some studies highlighted that semen washings can completely prevent viral transmission, but a few do not believe this claim. However, scientific researchers have revealed that sperm washing may diminish the possibility of infection in serodiscordant couples where the male partner is infected. Swim up in combination with density gradient is a suitable method to diminish the transmission of infections.

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Introduction

All of the infertility factors in men have not been identified yet and more comprehensive studies are required (1). Approximately, 15% of male infertility is related to genital and urinary tract infectious agents (2,3). Since 30% of infertility factors are idiopathic, one of these unknown factors can be considered as viral contamination. Researchers have sought to identify all infectious and noninfectious agents comprehensively (4). Viruses play an important role in the possible factors affecting genital function; of course, further studies are required to prove these findings (5). Such as HIV disease, chronic viral infection of the urogenital tract can reduce fertility (6). Previous studies revealed that hepatitis B virus and hepatitis C virus (HCV) affect fertility (7). Semen infections can impair sperm parameters, especially reduce sperm movements; moreover, these changes were seen in most of these infections. Meanwhile, viral infections of semen can increase the incidence of sperm aneuploidy and DNA segmentation (5). Sperm washing is one of the effective

Key point

Viral infections of semen can increase the incidence of sperm aneuploidy and DNA segmentation. Sperm washing is one of the effective procedures to reduce contamination and transmission of infections. Semen washing also reduces the possibility of transfer in HIV-incompatible couples irrespective of viral inhibition in the male partner.

procedures to reduce contamination and transmission of infections. Two common sperm preparation techniques are swim up and density gradient centrifugation that will be explained as follows (8). The main goal of this narrative review was evaluation of the role of sperm washing methods in reduction of viral infections in artificial reproductive technology (ART).

Materials and Methods

Search was done to extract the basic Persian and English articles. A comprehensive research was conducted on international and Iranian databases including Google Scholar, Scopus, PubMed, ProQuest IranMedex, and Scientific Information Database (SID). All

related articles comprised the following keywords: semen washing, HIV, assisted reproduction, serodiscordant, virus transmission and were published until 2019. Furthermore, the referral rosters of the retrieved articles were checked to find useful provenance.

Choice indexes

Initially, we selected the articles by screening titles and abstracts. The analysis of the articles was found eligible for the included criteria: (a) Papers that had some of the keywords outlined in research method in their titles; (b) papers in English or Persian; (c) articles had been indexed in one of the above-hinted databases. The deprived articles: (1) Papers repeated in more than one database were enumerated as one; (2) non-original papers like letter to the editor and short communication were not considered.

Data extraction

We totally studied each article and recorded the information into a spreadsheet that contained authors, year of publication, sampling, processing method and findings. Some of the articles found focused on the theme of swimming up and density gradient methods in HIV-positive men that were not related to the HIV/HCV transmission. We carried out a qualitative analysis according to heterogeneity in the literature.

Results

Based on the search strategy, 89 articles were studied. After checking the titles, abstracts and manuscripts, sum of 45 papers were chosen in accordance with the suitability criteria. The papers were performed in sperm washing different categories (swim up, density gradient) in serodiscordant couples.

Human immunodeficiency virus (HIV)

HIV impairs immune cells that fight infections in the body and eliminates them. As a result, the body becomes vulnerable to diseases that were easily cured before (9). HIV affects the majority of people who are of reproductive age (15–45 years). Anti-retroviral treatment is available, causes significant virological suppression and increases the quality of life of the patients (10). It is not satisfying for fertility treatment to HIV-positive patients. This variability is affected by numerous agents such as the type of sexual relationship, genital infection, genetic and immunologic cofactors (11).

Former studies have introduced the attendance of HIV in semen of people. Today infected males are suggested to have children and are wanting to take conduction risks in ART. HIV-positive can decrease sperm parameters through the HIV disease or ART treatment correlated hypogonadism (12). ART programs have had a significant effect on preventing viral transmission (10).

Gilling-Smith et al reported the effect of HIV on sperm parameters and following semen washing. They

demonstrated that HIV infection could damage the sperm parameters. Also, they showed that following sperm washing reduced HIV infection (13). The clinics of ART can help HIV-1-infected individuals to imagine their children in Europe and the American Society changing guidelines to allow ART clinics and help HIV-1 contaminated couples in the United States (14). Different fertility clinics used sperm washing techniques when the patient is HIV positive.

Sperm cannot express the receptors of HIV including CD4, CCR5, CXCR4 and a mixture of the density gradient method after swimming up that has been suggested as a method to isolate HIV-free and motile spermatozoa from seminal plasma to prevent infection of female partners (15).

Briat et al suggested that, despite the impression of the washing technique (density gradient), the post-wash HIV test on semen is considered to determine residual positive specimens. They showed five out of 269 (1.86%) specimens were washed with the density gradient method stayed positive for HIV at the post-wash trial (16).

The frequency of virus detection in semen depends on several factors such as the sensitivity of the method and selection criteria of patients.

Many studies have detected HIV RNA in 62%–96% of seminal plasma (17). Finally, the amount of seminal plasma HIV RNA was suggested that is different in different people.

The virus isolation of seminal cells during cultures ranged from 9 to 55%. And, 4 to 65% of seminal cells were detected by the provirus form of HIV by the PCR technique. PCR is a susceptible technique for the detection of virus cells (18). The sensibility for RNA tracing was 500–1000 RNA copies/mL in seminal plasma; also, it was 50–500 DNA copies/106 cells for DNA detection (18). The list of studies has been prepared in [Table 1](#).

Herpesviruses

Herpesviruses cause a high level of infection in human population. The primary infection of these viruses is mainly without symptoms and remains hidden at some points in the body. The isolation of herpes viruses has been reported in a variety of body samples such as blood, eye, urine and CSF (19).

Types of viral DNA from the herpes family including HSV 1 and HSV2 in semen of infertile people without clinical signs have been detected. HHV-6A/B is the most prevalent herpesvirus, in semen of healthy men. The virus seems to be conducted dependent on the acrosomal region of sperm. Therefore, HHV-6A/B was transportable to the uterus by subjugating the acrosome of sperm (20).

Especially HSV has widely been studied and shown to be able to produce fetal and infantile anomalies (21). According to the data from the United States, there are at least 50 million people with genital herpes and 500,000 new cases of newborns per year (22). Looker et al estimated

Table 1. List of studies conducted in the field of semen washing

Author	Location	Patients	Semen washing	RNA extraction	Result	ART
Politch et al ¹⁴	Boston	HIV-1 seronegative men	Gradient/swim-up	RT-PCR	Negative	-
Nicopoulos et al ⁵⁶	UK	Obstructive azoospermia	Swim-up	Sequence amplification testing	Negative	ICSI
Bujan et al ⁶⁶	France	HIV-1-serodiscordant couples	Gradient density	PCR	Negative	IUI
Bourlet et al ⁶⁷	France	HCV-infected male	Gradient	Quantitative PCR	Positive	-
Ohl et al ⁶⁸	France	HIV- infected male	Density gradient/swim-up	PCR	Negative (98%)	ICSI
Halfon et al ⁶⁹	France	HCV-infected male	Density gradient	PCR	Positive	-
Bujan et al ⁵⁷	France	Azoospermic	Density gradient	Sequence amplification	Negative	ICSI
Bostan et al ⁷⁰	Belgium	Oligospermia	Single sperm washing	Nested RT-PCR	Negative	ICSI
Giles et al ⁴⁰	Australia	HIV-serodiscordant couples	Single-arm open trial	PCR, RT-PCR	Negative	IUI, IVF ICSI
Foresta et al ³⁷	Italy	HPV-infected male	Density/swim-up	In-situ hybridization	Positive	-
Lambert-Niclot et al ⁷¹	France	HIV-1 infected men	Density gradient	PCR	Negative (not all)	-
Zamora et al ⁶⁶	UK	HIV-infected male	Triple-density gradient	RT-PCR	98.4% negative	ICSI
Safier et al ⁸	New York	HIV- infected male	Density/swim-up	-	Negative	IUI

that 417 million people have been infected worldwide with a range of 15-49 and also 2.9 million new cases of HSV2 infection in 2012 (23).

Contrary to the clinical importance of perceptions, the impression of herpesvirus in infertility with male causes remains uncertain (23).

Hepatitis C virus (HCV)

Sexual transfer of HCV is an important issue; nevertheless, the effectiveness of this transfer in the progress of HCV is undetermined. Previous researches consider an accelerating prevalence of HCV in HIV-1-contaminated men. HCV RNA is retrieved from the semen of HCV-contaminated men almost 10%–30%. Nowadays, it is possible for HCV to progress via biological fluids like semen but it can be regulated by proper initial detection in infertility centers (24).

The recent finding reports the attendance of HCV RNA in seminal plasma. The role of semen from men who had chronic

HCV infection may cause contamination of the female partner. Techniques of HCV RNA quantitation in semen from men with chronic HCV infection. Depend on molecular techniques and types of methods for RNA extraction (25).

Finally, HCV RNA in seminal plasma measurement is allocated for polymerase chain reaction (PCR) techniques (26). Bourlet et al showed that the attendance of HCV

RNA in seminal plasma of men with chronic HCV infection. HCV infection has a negative impact on the sperm parameters (27).

Human papillomaviruses (HPVs)

HPVs are with high incidence among men aged 18–40 years. They have a different type but the mucosal type infects the genital area. Most HPV types are transferred sexually and consist of the most common factors (28).

Other research has shown that HPVDNA and RNA are found in various compartments of male genitalia composing the urethra, epididymis, testis and penis shaft.

It is believed that the attendance of glycoproteins and other soluble agents on the spermatozoon level are involved in the binding and interaction of HPV to sperm. Recent research indicates that L1 HPV capsid protein and glycosaminoglycan syndecan-1 accumulate on the sperm head (29).

On the other hand, the results of yet another study showed that if DNA type 18 is exposed to the p53 gene, it causes exon 5 fragmentation in this gene. In contrast, HPV type 16 had a similar effect on exon 8. So different types of HPV have different effects on different parts of the genome (30).

DNA HPV exists in 10% of semen samples and the virus can be concentrate in sperm cells (31). HPV topic is an important subject to clinicians and researchers because the attendance of HPV DNA in the seminal fluid can

cause poor sperm quality as reducing sperm motility. Furthermore, the attendance of HPV has been detected in semen since this infection is generally suggested transitory in males and without harmful clinical outcomes; Also, the investigation of its impacts on sperm parameters and male fertility was inadequate (32). HPV can attach to spermatozoa and can be conducted to fertilized oocytes. Viral finding in blastocysts and trophoblastic cells is correlated with damaged embryo growth and negligible pregnancy consequence (33).

To prevail the tenacity of HPV DNA attachment to sperm and to decrease the possibility of HPV infection during ART, an improved swim-up with the addition of heparinase III has recently been suggested. This technique was able to perfectly remove HPV DNA from semen and did not reveal any remarkable change of sperm quality and DNA integrity (33,34).

Meanwhile, some investigators believed that sperm washing cannot remove HPV from contaminated semen so it can allow viral transmission through ART procedures (35,36).

Foresta et al revealed attendance of HPV-infected sperm in thawed cryovials in specimens obtained from infertile patients. They showed that dangerous types of HPV are correlated with fatal diseases of the reproductive genital tract (37).

Semen washing

Semen washing is routinely used before in vitro fertilization (IVF), intrauterine insemination (IUI) and intracytoplasmic sperm injection (ICSI) for serodiscordant couples.

It is important to use a semen washing protocol that obtains functional sperm (38).

Conventional techniques are performed for cell separation but they are toxic for sperm (39). Many studies have evaluated the effect of semen washing following the introduction in conjunction with ART on HIV transmission in HIV discordant couples (40). There are many methods for isolating human sperm from seminal plasma involving the swim-up (SUP), self-migration sedimentation, glass wool filtration, magnetic-activated cell sorting and density gradient (DG). The most generally applied methods in ART therapy are SUP and DG (41). Fertility clinics perform "semen washing" methods before medical treatment.

Finally, semen specimens should be screened for HIV existence and only HIV-free specimen scan be applied for ART (42). PCR-based HIV detection does not consider treatment for HIV serodiscordant couples in some clinics (43).

Successive centrifugation of semen led to sperm dysfunction by release of reactive oxygen species (ROS) by semen leukocytes, although possible risks of viral transmission cannot be ignored completely (44,45). In first study Semprini et al reported that there is no HIV

conduction in 29 uninfected female partners by using semen washing for HIV incompatible couples (46). Foresta et al showed that sperm washing procedures seldom remove HPV infection (47).

Infected patients require more attention since HPV can be conducted, as well as have a negative impact on the growth of fetus (47). SUP and DGC are suitable techniques for sperm separation. Sperm is recovered with minimal dysfunction by using these methods (48).

In SUP a layer of special culture medium is placed in the test tube and it is centrifuged; then, the tube is located at an angle of 45 degrees at 37°C in the incubator. In this method motile sperm enters the medium while dead and non-moving sperm and debris remain at the bottom of the tube (49).

The mechanism of SUP protocol relies on the potential of the motile sperm to swim toward the culture medium but the immotile sperm remains in the bottom of the plate with other components (50). Mahadevan and Baker described the swim-up method in 1984 (51). Kim et al demonstrated that swim-up methods significantly isolate the motile sperm from the seminal plasma and non-motile cells; moreover, reduce HIV RNA (52). The combination of DG with sperm swim-up has been applicate in infertility centers for years (53).

DGC has commonly been used as part of infertility treatment. In this method, semen is placed in two layers with different gradient percentages. The mechanism of gradient includes centrifuging of semen in a 40%–80% colloidal silica density gradient (39). This method was performed through application of silane-coated colloidal silica particles in suspension (39, 54). The mechanism of this method includes separating the white blood cells and free HIV particles from the motile sperm. After washing with sperm washing medium the supernatant motile sperm utilized for the IUI or IVF (55). However, this protocol cannot be performed in acute oligospermia and azoospermia HIV-positive adults because surgical sperm retrieval from the epididymis and testis cannot provide enough sperm for detectable HIV RNA (55).

Previous studies have been reported the application of both techniques of surgical sperm retrieval and sperm washing in azoospermia HIV-positive adults in ICSI cycle (56,57).

Discussion

Fertility clinics must consider that a sperm separation protocol is efficient and safe (1).

Semen washing removes free HIV particles and numerous white blood cells that may be contaminated with HIV (58). It often includes density gradient for sperm isolation and may be created by a swim-up protocol to delete immotile cells (59).

Processed sperm checked out for ART and performed by testing or HIV-1 RNA or DNA extraction. The virologists could use their special tests or change commercial tests.

Also, a commercial test is accessible for the observation of HIV-1 in seminal plasma or semen cells and it is currently used in routine use in different centers (60). The sperm can be utilized for medical treatment through IUI, IVF or ICSI techniques if virus is not detected in the sperm after sperm washing (61).

Bujan et al performed a study to evaluate the sensitivity of assays utilized to survey the semen of HIV-infected men before medical treatment and to assess the safety before sperm processing. They suggested these experiments on semen are needed legally before medical treatment from HIV infected men in countries such as France (62). They designed three panels of samples to observe available situations.

Three panels of samples including panel A which detects HIV-1 RNA in seminal plasma, panel B which detects HIV particles that may stay on sperm and panel C which detects HIV-infected cells remaining between processed sperm. They observed that panel C was not permitted to evaluate the assay sensitivity because the number of HIV RNA copies/infected cell was unclear.

They highlighted that modality regulation confirmed the requirement for detecting virus as HIV in semen and for normal assessment of their proficiency (62).

Recent studies present the immunity of IUI after semen washing. Semen washing protocols are included gradient density and swim up that are the most important reservoir of virus in semen.

Several studies demonstrate that HIV-1 can contaminate sperm (63,64) whereas others do not believe these findings. PCR, real-time PCR (qPCR) and nucleic acid sequence-based amplification for HIV RNA have considered that 92%–99% of samples of analyzed semen compose no viruses detectable above the limits of the test (65).

According to the studies that have been carried out and various results have been obtained, it seems that further research is needed. Although sperm washing has been utilized as a safe, appropriate method to reduce the possibility of virus as HIV transfer to female partner. Also, sperm washing with ICSI has been utilized as an initial stage of assisted reproduction treatment; meanwhile, this strategy is usually expensive. We studied a systematic review article to investigate sperm washing methods and their role in reducing the transmission of the virus.

Conclusion

Current findings suggest that the possibility of transfer from an HIV-infected male partner to a healthy female partner is low, if suitable techniques are adopted. Semen washing is a suitable protocol for HIV-incompatible couples in which the male is contaminated. Semen washing reduces the possibility of transfer in HIV-incompatible couples irrespective of viral inhibition in the male partner. Sperm washing with GD seems to be an appropriate technique in HIV serodiscordant couples.

Suggestions for future studies

This study was conducted in a limited population and more studies are recommended, especially in Iranian societies, by considering limitations.

Authors' contribution

AF contributed to the design, implementation of the research, and writing the initial draft of the manuscript. TN participated in collection & analysis of data and development of the structure of the paper. The revision process was entirely made by RTF. KNE contributed to the English editing and approved the final draft of the paper. All authors read and approved the final manuscript.

Conflicts of interest

The authors have no conflict of interest to declare.

Ethical issues

Ethical issues (including plagiarism, data fabrication, double publication) have been completely observed by the authors.

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